

Different Ways to Pray...

Emoji Prayer Mat

You will need:

- A sheet of A4 paper or card.
- Scissors.
- Pen or Pencil.
- Coloured pens or pencils if you have them.

How to Create an Emoji Prayer Mat:

- How many Emoji's' can you describe?
- Think about why and how we use Emoji's.
- Write at the top of your page, the title 'Emoji Prayer Mat'.
- Draw and colour as many different Emoji faces as you can think of.
- As you do it, think about all the different feelings and expressions they are used for e.g. a tear face for sad or a smiling face for happy, a green face for feeling sick or ill, a blushed face for thankfulness.
- When you have finished, your emoji prayer mat is ready.

How to use your Prayer Mat:

- Think about what you want to say to God and what you want to pray for.
- Find the emoji face on your mat and place your hands on it .
- Close your eyes and talk to God (out loud or to your self).
- When you have finished your first emoji, do another.



Dear God,

Thank you for all my family, friends and the people that love me...

